Speaking Topics

***#3 The Psychedelic Renaissance: Ancient Plant Wisdom for Modern Leadership***

In this timely and thought-provoking keynote, Dr. Catriona Wallace, a renowned AI technology ethicist and trained plant medicine guide, explores the resurgence of interest in psychedelic therapies and traditional Indigenous plant medicines.

 As many countries decriminalise or legalise these substances for therapeutic use, as Australia did in 2023, business people and leaders are now turning to psychedelics as a mode of growth and transformation. In fact, research suggests that 31% of Australians have either used or are open to using psychedelics (Fifth Quadrant, 2024).

Catriona provides a multidisciplinary perspective on the history, chemistry, and vital role of Indigenous lineages and rituals in working with sacred plant medicines safely and respectfully.

Drawing from her unique background spanning technology ethics and ancient wisdom traditions, Catriona examines the transformative potential of psychedelic medicines beyond just healing - as powerful tools for leadership development and consciousness expansion.

She delves into the specific goals modern leaders may work towards with psychedelic-assisted journeys, what to expect from these profound experiences, and how to integrate the insights through developing an "Ectasis Calendar" for lasting personal and professional transformation.

This boundary-pushing presentation offers audience members a rare window into the Psychedelic Renaissance through the lens of an experienced guide. It promises to challenge perspectives and open minds to the immense value these ancient plant allies could offer leaders committed to evolving human potential.

*[Note: This topic involves discussion of substances that are illegal in some jurisdictions. The speaker does not condone illegal behaviour. Psychedelics are also not suitable for everyone, so medical advice should be sought.]*

**In this talk the audience will learn about:**

* The history of plant medicine based psychedelics
* The chemistry of plant medicine based psychedelics
* The importance of Indigenous lineage, traditions and ritual
* Leadership goals that psychedelic medicine may assist with
* Case studies of leaders’ psychedelic journeys
* How to develop a Peak Experience Calendar for transformation

**This presentation is suitable for:**

* Boards
* C-suite
* Leaders
* Health sector people
* Policy makers
* Change makers
* Those interested in well-being, leadership and transformation
* Those who like their thinking challenged
* Those interested in expanding their consciousness
* Those who believe there must be more to life than the current trajectory

**Audio Visual requirements**

Dr Catriona Wallace requires:

* Headset, Madonna or lapel mic
* Roaming mic for audience participation
* Projector
* Use of the AV team’s computer
* Catriona will send PowerPoint and video prior to the presentation